

APPENDIX

**ABSTRACT**

A sanitary product 1 for use by women for the absorption of menstrual fluid is disclosed. The sanitary product 1 comprises a plug 2 and a pad 3 joined by a sheath 4. The plug 2 is substantially cylindrical so that it fits comfortably in a vaginal cavity. The pad 3 remains outside the vaginal cavity, but has an absorbent layer on an inward side 9 proximal to the plug 2 and a liquid impermeable layer on an outward side 10. The sheath 4 comprises a tube of absorbent material for drawing excess menstrual fluid from the plug 2 to the pad 3 and has a layer of liquid impermeable material on its inside surface. It extends from an outward end 6 of the plug 2, proximal to the pad 3, both to and through the pad 3. In use, a wearer can insert a finger into the sheath 4 from the outward side 10 of the pad 3 assist with insertion of the plug 2 into the vaginal cavity.